

Nabiha Nadeem

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EDUCATION

Middlesex University, Dubai

Dubai, UAE

- Foundation Degree in Psychology
- BSc in Psychology (honors) with counselling skills

English Language Private School

- AS and A levels

The Westminster School

- IGCSE

Gems Winchester School

- Primary to Secondary Education

VOLUNTEER EXPERIENCE

Pakistan Medical Center

Dubai, UAE

Clinical Intern

August 2024 – August 2024

- Shadowed 10+ medical professionals across departments, observing patient consultations and clinical procedures to gain practical insights into healthcare operations
- Supported administrative tasks for over 50 patients weekly, assisting doctors and staff to improve workflow efficiency by 15%
- Engaged in interdisciplinary team discussions, contributing observations that enhanced understanding of mental health role in patient care.
- Applied critical thinking to analyze patient interactions and healthcare delivery, fueling my passion for clinical psychology and neuropsychology.

LEADERSHIP EXPERIENCE

English Language Private School

Dubai, UAE

Student Prefect

September 2022 – June 2024

- Represented a student body of 500+ peers, acting as the key liaison between students and school leadership to address concerns and promote a positive, inclusive learning environment.
- Organized and led over 10 school-wide events and assemblies annually, increasing student participation by 30% through effective promotion and teamwork
- Coordinated community service initiatives involving 100+ students, fostering a culture of social responsibility and school spirit.
- Supported teachers and administration in enforcing school policies, improving overall discipline and student conduct by 20% during tenure.
- Developed and honed leadership, communication, conflict resolution, and organizational skills through regular interactions with diverse students groups and staff.

SKILLS & INTERESTS

Skills: Psychological Research | Critical Thinking | Communication | Empathy | Data Analysis | Presentation Skills | Active Listening

Interests: Mental Health Advocacy, Clinical and Neuropsychology Research, Neuroscience and Brain Function, Community Outreach & Volunteerism, Behavioral sciences.