



Ali A. Ramadan

Qualified Physical Therapist, BSc, MSc.

Licensed Physiotherapist (DHA) with an MSc in Neurological Physical Therapy and over 6 years of clinical experience across neurological, pediatric, and post-acute rehabilitation. Skilled instructor in first aid, intern supervision and evidence-based care using NDT and aquatic therapy. Experienced in academic research education, systematic reviews, and leading professional training workshops. Committed to clinical excellence, team leadership, and community health service.

Contacts



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Dubai, UAE

Professional License

- **DHA Registered Physical Therapist**
April 2024
Professional License as A Physical Therapist
(No. 34304676-001) DHA, UAE
- **Egyptian Registered Physical Therapist**
November 2020
Qualified Physical Therapist License
(No.17213), Egypt

Formal Education

- **Master's Degree in Neurological Physical Therapy (Very Good)**
October 2022 - May 2025
Faculty of Physical Therapy
Cairo University, Egypt
- **Bachelor's Degree in Physical Therapy (Very Good with Honor) (GPA=3.52)**
October 2013 – May 2018
Faculty of Physical Therapy
Cairo University, Egypt

Language

- **Arabic:** Native.
- **English:** Fluent. (C1)

Work Experience

April 2024	Till Now	Senior Physical Therapist (Hope Abilitation Medical Center, Dubai, UAE)
Oct. 2023	April. 2024	Physical Therapy Demonstrator (Faculty of Physical Therapy, Al Ryada University, Egypt)
Feb. 2022	Sept. 2023	Physical Therapist (The Egyptian Ministry of Health's hospitals, Egypt)
DEC. 2020	DEC. 2021	Rotational Physical Therapist (The Air Force Specialized Hospital, Cairo, Egypt)
JAN. 2020	Mar. 2023	CPR / AED / First Aid Trainer (The Egyptian Red Crescent, Cairo, Egypt)
OCT. 2019	AUG 2021	Voluntary Co-Founder at The Official Excellence & Innovation Unit Faculty of Physical Therapy Cairo University, Dokki, Egypt
JAN. 2019	Mar. 2023	Private Neurological Physical Therapist (Cairo, Egypt)
SEPT. 2018	SEPT. 2019	Intern Rotational Physical Therapist (Cairo University Hospitals, Giza, Egypt)
JUL. 2018	AUG. 2019	Pediatric Physical Therapist (Free2move Center, Giza, Egypt)
JUL. 2018	AUG. 2019	Pediatric & Aquatic Physical Therapist (Fizix Center, Cairo, Egypt)
2017	2018	A-Pediatric Physical Therapist (El-Safwa Center, Haram, Giza, Egypt)
2016	2017	A-Pediatric Physical Therapist (El-Hayat Center, Imbaba, Giza, Egypt)
Sept. 2014	March 2023	Voluntary Emergency Action Team Member & Leader (The Egyptian Red Crescent, Cairo, Egypt)

Interest

A Qualified Physiotherapist Interested in **Neurological Rehabilitation**.

I work with Children with Special Needs, patients with Stroke and SCI Injuries Using NDT and Aquatic Therapy.

My passion moves also toward the Physiotherapy role in the Intensive Care Unit.

I am Keen on Bio-Mechanical Analysis of movements and Functional Neuroscience.

I study Research Methodology and Biostatistics using SPSS and R programming software.

My voluntary interest is The First Aid Training and The Emergency Action Team with The Egyptian Red Crescent.

Skills

Listening, Presentation skills, speaking, Team management and Field Control.

Microsoft Office; Excel - PowerPoint - Word, Photoshop, Montage and Photography.

IMPROVING My Skills in Excel, SPSS, R programming, Power BI and Endnote software.

Hobbies

Sport: Kung-Fu, Kick Boxing, Silat, Running and Swimming.

Helping people and Voluntary Activities.

Physical Therapy Training:

➤ Physical Therapy Courses	
Feb. 2023	Rehabilitation of stroke suggested plan of care based on functional recovery (24 hours) Prof. Dr Mohamed Khallaf, Sky life, Cairo, Egypt
2021	Respiratory on call e-learning modules. The Chartered Society of Physiotherapy (CSP), UK <ul style="list-style-type: none">- Assessment and Monitoring Module- Auscultation Module- Airway Clearance Techniques Module- Intermittent Positive Pressure Breathing Module- Manual Hyperinflation- Principles of Humidification- Cough Facilitation- Airway Suctioning- Oxygen Therapy
SEPT. 2019	Understanding Multiple Sclerosis (MS). (12 hours) University of Tasmania, Australia.
JUN. 2019	Vital Signs: Understanding What the Body Is Telling Us. University of Pennsylvania, Coursera.
MAR. 2019	Aquatic therapy using Halliwik method. (10 hours) F2M Team, Fizik center, Cairo, Egypt.
NOV. 2018	Neuro-Developmental Therapy Practice Using NDT Principles. (25 hours) F2M Center, Egypt
OCT. 2018	Pediatric Normal Development. (10 hours) F2M Center, Agouza, Giza, Egypt
➤ Physical Therapy Workshops/Summit	
April 2025	Advancements in pediatric Seating Solutions & 3D Customization 1.5 CPD Points, Reg No. (DHA/MTS/ACC/25-0759-A), Hope Abilitation Medical Center, Dubai, UAE
Oct. 2024	The 3rd Multiple Sclerosis Multidisciplinary Summit (MMS) 4 CPD Points, Reg No. (006457/NEU5/Oct24), Kuwait Neurological Society.
May 2024	Topics In Pediatric Rehabilitation Seminar. 2 CPD Points, Reg No. (DHA/MTS/ACC/24-1149-A), Hope Abilitation Medical Center, Dubai, UAE
May 2024	1st Kuwait Movements Disorders Summit. 5 CPD points, Reg No. (005992), Kuwait Neurological Society.
Feb. 2024	The 2nd SMARt Research GCC - Improvement is possible in Teens and Adults living with SMA. 3 CPD Points, Certification No. (53804), by Biogen's SMA Medical team GCC.

Sept, 2023	Understanding the concept of Isokinetic in assessment and rehabilitation Faculty of Physical Therapy, Al-Salam University, Egypt
AUG. 2022	Assessment and Treatment of a patient with Stroke AIMS ACADEMY with Dr. Bassam Elnassag, Giza, Egypt
Mar 2022	Stroke Essentials Series (SES): Stroke Neuro-Rehabilitation: Medical Updates and Level of Evidence. Reg. No.: 003763 / NEU1 / Mar22, Kuwait Neurological Society
Dec. 2021	Chest Physical Therapy in ICU (7 hours, Serial No: 21WSICU62AA) AIMS ACADEMY with Dr. Ababa, Dr. El-Ghamrawi, Giza, Egypt
July 2021	Conference on Rehabilitation of Lower Limbs Musculoskeletal Disorders title “Musculoskeletal Show” 17 credits, Category 1 by the Oman Medical Specialty Board OMSB/CPD/C1/3020/2021
FEB. 2019	Common Gait DEVIATION among children with cerebral palsy. (Dr Mai Abdelmohsen, Bani souf University), National institute of Neuro-Motor system, Egypt
NOV. 2018	Pediatric Case Discussion Course. (9.5 CME Accredited by AACME NO.5027/6723/11-18) (Prof. Dr. Ehab Waly, Cairo University& King Abdel El Aziz University), Fizik center, Cairo, Egypt

Research Training

➤ Research Courses	
DEC.2021	Data Analysis Challenger Track, Egypt FWD initiative Ministry of communications and information technology, Egypt via Udacity
MAY 2021	Conducting an Intervention Review. Cochrane Interactive Learning Platform Module 1: Introduction to conducting systematic reviews Module 2: Writing the review protocol Module 3: Searching for studies Module 4: Selecting studies and collecting data Module 5: Introduction to study quality and risk of bias
JUL. 2020	Introduction to Systematic Review and Meta-Analysis. (36 hours) Johns Hopkins University
APR. - JUN. 2020	Statistics with R - Advanced Level (R Studio Program). by Bogdan Anastasiei on Udemy Statistics with R - intermediate Level (R Studio Program). by Bogdan Anastasiei on Udemy Statistics with R - Beginner Level (R Studio Program). by Bogdan Anastasiei on Udemy
MAR.: APR. 2020	Specialization on Epidemiology for Public Health (total 48 hours) Filippos Filippidis, Public Health School, Imperial College London, on Coursera I. Validity and Bias in Epidemiology (16 hours) II. Study Designs in Epidemiology (16 hours) III. Measuring Disease in Epidemiology (16 hours)
MAR. 2020	Specialization on Statistical Analysis with R for Public Health Alex Bottle, Public health school, Imperial College London, on Coursera I. Linear Regression in R for Public Health (20 hours) II. Introduction to Statistics & Data Analysis in Public Health (20 hours)
AUG. 2019	Design and Interpretation of Clinical Trials. (Johns Hopkins University, on Coursera)
AUG. 2019	How to Write and Publish a Scientific Paper. (École Polytechnique on Coursera)
AUG. 2019	Writing in the science. (40 hours), (Dr. Kristin Sainani, Stanford University, coursera)

JUL. 2019	Incorporating statistics into health care research, Introductory Biomedical Statistics Training Course. (25 hours including practice on SPSS), Prof. Dr Magdy Irahim, Egypt
APR. 2019	How to Read, write and publish clinical research. (18 hours) (Prof. Dr Ahmed Shokeir, National Training Institute, Cairo, Egypt
➤ Research Workshops	
DEC. 2021	Clinical Trials. Conference Unit, National Research Centre with EKB, Cairo, Egypt
DEC. 2021	Observational Studies. Conference Unit, National Research Centre with EKB, Cairo, Egypt
APR. 2021	Use Web of Science like an expert (Hands-on session). Clarivate analytic, EKB
APR. 2021	Publishing in Academic Journals. <i>Taylor & Francis</i> Group, Egyptian Knowledge Bank (EKB)
APR. 2021	Exploring EBSCO Academic Search Complete database via EKB. EBSCO, EKB
APR. 2021	Do research with confidence using Web of Science Core Collection. Clarivate analytic, EKB
NOV. 2019	Effective Academic Writing. Nature Research Academy, Egypt
OCT. 2019	Research Boosting Tools by Web of Science. Clarivate Analytic, Egypt
SEPT. 2019	I searched and found no papers!!!! What should I do?? Trust center, Egypt
JUN. 2019	Improving research dissemination and impact. Knowledge E, Egypt
APR. 2019	Attending the conference: attend, publish & index in WOS. Clarivate analytic, Egypt
MAR. 2019	Research quality and performance. Clarivate analytic, Egypt

Publications

Ongoing	Effectiveness Of Arm Cycling On Fatigue And Functional Outcomes In Patients With Multiple Sclerosis: A Systematic Review. Prospero ID CRD42024597232
Ongoing	Effect of Thermal Stimulation on brain reorganization in Stroke patients: A systematic review and meta-analysis. Prospero ID CRD42021272715
April 2025	Effectiveness Of Arm Cycling On Fatigue And Functional Outcomes In Patients With Multiple Sclerosis: A Review Article. Deraya International Journal for Medical Sciences and Rehabilitation, Volume 1, Issue 1 (ISSN): 3062-5572, (DOI): 10.21608/dijms.2025.371180.1016 https://dijms.journals.ekb.eg/article_422253.html
2022	Safety and efficacy of treadmill training combined with music on motor outcomes in patients with Parkinson disease: A systematic review and meta-analysis. 2022 International Congress, International Parkinson and movement disorder society https://www.mdsabstracts.org/abstract/safety-and-efficacy-of-treadmill-training-combined-with-music-on-motor-outcomes-in-patients-with-parkinsons-disease-a-systematic-review/
APR. 2020	Efficacy of resistance exercises program of non-paretic lower limb muscles on activities of daily living in chronic stroke patients. 21 st international conference, Physical Therapy faculty, Cairo University, Cairo, Egypt http://lib.pt.cu.edu.eg/Mostafa%20Fahmy%2021th%20Conference%20PT%20%20July%202022.pdf
APR. 2019	Efficacy of non-invasive neuromuscular electrical stimulation on elbow extensor strength and flexor spasticity in chronic post-stroke hemiplegia: A Double Blinded, Randomized, Placebo-Controlled, Pilot Trial. 20 th international conference, Physical Therapy faculty, Cairo University, Cairo, Egypt

Conferences

APR. 2019	20 th international conference of faculty Physical Therapy Cairo University: Physical therapy from disability to life. Grand Nile tower hotel, Cairo, Egypt
FEB. 2019	The 2 nd scientific conference of physical therapy department: Fostering the future rehabilitation of cerebral palsy. National institute of Neuro-Motor system, Cairo, Egypt
FEB. 2019	The 4 th Annual conference of Orthopedic Surgery: Pediatric hip disorders. National institute of Neuro-Motor system, Cairo, Egypt
OCT. 2018	The 5 th Egyptian international trauma conference: develop national trauma system. Tolip Golden Plaza Hotel, Cairo, Egypt

Voluntary Activities

➤ Community Participation	
Oct. 2023	Participated as A Speaker in First aids Semiar community service sector, faculty of physical Therapy, Alryada University, Egypt.
March 2023	Participated as A Speaker in the Workshop titled: Evidence Based Physical Therapy and systematic review. community service sector, faculty of physical Therapy, Cairo University
Sept - Oct. 2022	Presented 2 Workshops titled: First Aid: how to save life. community service sector, faculty of physical Therapy, Cairo University
2020 - Till <u>Now</u>	Joined as Member at Cochrane Crowd platform to practice my research learning skills.
OCT.2019 – Aug.2021	Co-founded The Official Excellence & Innovation Unit, Cairo university I give research workshops for undergraduate & postgraduate students.
2019	Involved in the Active citizens programme with British Council in Egypt; Program concerns about Sustainable Development programs
2019	Involved in E-Community based Health care and first aid in action (eCBHFA) program With the Egyptian Red Crescent, Switzerland Embassy ; Program gives short demo about public health to immigrants and people in need
SEPT. 2019	Joined MADAD trust fund, with European union, Mobile Clinics to Syria citizen. Egyptian red crescent, Obour city, Cairo, Egypt
AUG. 2019	Presented an Orientation session to intern physical therapists. Faculty of physical therapy Cairo university, Egypt
SEPT. 2014- <u>Till Now</u>	Became an Emergency Action Team Member & Leader. Egyptian Red crescent, (ICRC)
➤ Community Courses	
NOV. 2019	Basic Life Support & First Aid by Egyptian Red Crescent. (3 days) Egyptian Red Crescent center, Nasr city, Egypt
SEPT. 2019	Active citizens programme. (28 Hours). by British Council , Think Tank, Cairo, Egypt
MAY 2019	E-Community based Health care and first aid in action (eCBHFA). Egyptian Red Crescent, Switzerland Embassy Nasr City, Cairo, Egypt.

MAR. 2018	Sphere project: humanitarian charter and minimum standers in disaster. Egyptian Red Crescent, Nasr City, Cairo, Egypt
SEP. 2014	Emergency Action Team. Egyptian Red crescent, Comite international Genève, Nasr City, Cairo, Egypt.
<p>➤ Soft Skill Courses</p>	
NOV. 2021	Refreshment TOT course in Presentation & Training skills for the Emergency Action Team program. (2 days), ICRC & Egyptian Red Crescent center, Nasr city, Egypt.
MAY 2020	Stop overthinking- is overthinking hindrance to success. Online Course on Udemy
DEC. 2019 - JAN. 2020	Presentation skill & Speaking and Team management Training. (6 days) Egyptian Red Crescent center, Nasr city, Egypt.