
DR. MARYAM BIN DESMAL

Dubai ♦ +971526256662 ♦ Maryam.bindesmal@gmail.com

LinkedIn: <https://www.linkedin.com/in/dr-maryam-bin-desmal-b>

PROFESSIONAL SUMMARY

General Practitioner with 3+ years of clinical experience and a Master's in Healthcare Management. Interested in bridging clinical practice with leadership and policy roles to support healthcare system improvement in the UAE.

WORK EXPERIENCE

GP, 10/2024 - Current

Dr. Kamil Rustom Clinic - Dubai

- Diagnosed medical conditions and provided appropriate medical care
- Involved with anti-ageing treatments

GP, 03/2023 - 05/2025

Ciconia Recovery - Dar Sanad - Abu Dhabi

- Provided comprehensive medical care to patients with substance use disorders, including assessment, diagnosis, and management of addiction-related health issues.
- Collaborated with multidisciplinary teams (psychiatrists, psychologists, social workers) to develop and implement individualized treatment.
- Embodied medical practice mission and values while upholding industry standards for integrity and quality of care.
- Referred patients to specialists as necessary for optimal treatment outcomes.

Internal Medicine Resident, 10/2021 - 09/2022

Zayed Military Hospital - Abu Dhabi

- Diagnosed complex medical cases by conducting thorough patient examinations.
- Conducted routine checks on admitted patients; ensured timely intervention when required.
- Managed high-stress situations effectively during on-call hours that ensured continuous availability of medical services for critical cases.

Internship, 09/2020 - 08/2021

Sheikh Shakhbout Medical City - Abu Dhabi

- Maintained professional standards in relation to confidentiality and ethics.
- Examined patients to assess physical wellness and collect data regarding vital signs, respiratory health and overall wellbeing.

Sub-Internship, 02/2019 - 03/2019

Medcare Hospital - Dubai, UAE

- Surgical rotation: Medcare Hospital- Dubai, UAE. Under the surveillance and guidance of Dr. Suhail Kazim, Head of Surgery.
- Medical Rotation: Emergency department, Medcare Hospital- Dubai, UAE. Under the surveillance and guidance of Dr. Ihab Ramadan, Internal medicine Specialist.

Research, 02/2017 - 04/2017

Imperial college London - London, United Kingdom

Selective student component (SSC):

Part of a research team working on a multicentre randomised controlled trial on the Endobarrier for diabetes and weight loss. Participated in an Audit on Coeliac disease, which was presented as an abstract at British Society of Gastroenterology National meeting in 2018

SKILLS

- Clinical reporting
- Patient education
- Preventative treatment
- Clinical practice management
- Clinical examining
- General health assessment
- health and safety measures
- Problem-solving
- Communication skills

EDUCATION

MSc : Healthcare management , 09/2023 - 11/2025

Royal College of Surgeons in Ireland - Dublin, Ireland

Bachelor of Medicine Surgery and Obstetrics : Medicine, 09/2013 - 11/2019

Royal College of Surgeons, University of Medicine and health sciences - Dublin, Ireland

High School Diploma: High School , 09/1998 - 05/2012

Al Ittihad Private School - Dubai, United Arab Emirates

Diploma: Psychological counseling , 12/2024

Manchester college - United Kingdom

Diploma: Biomedical science, 09/2012 - 05/2013

Institute of Technology, Tralee - Co. Kerry Ireland

LANGUAGES

English:

Arabic:

CERTIFICATIONS

- A4M, Aesthetic, Anti-aging medicine
- BLS/ACLS