

# Hana Zaina

+971 56 2857874 | [hanazaina7@gmail.com](mailto:hanazaina7@gmail.com)  
LinkedIn - [www.linkedin.com/in/hana-zaina-14073021b](https://www.linkedin.com/in/hana-zaina-14073021b)  
Dubai, UAE | Golden Visa Holder

Hardworking DHA eligible **nursing graduate** with **four years of hands-on clinical experience** in **pediatrics, maternity, medical-surgical, and critical care**. Passionate about providing high quality patient care and always eager to learn and improve. Skilled in working under pressure, adapting to different healthcare environments and delivering evidenced based nursing care. Actively seeking a registered nurse position to begin a meaningful and growth-focused career in patient-centered healthcare.

## CLINICAL AND MEDICAL EXPERIENCE

### Consolidation Al Qassimi Womens and Children 240 hours

-Performed IV cannulation, blood collection and administered medications.

-Provided postpartum care, including wound care and breastfeeding education.

- Provided antenatal care and monitoring.

### Mental Health Rashid hospital/Zulekha Hospital 84 hours

- Assessed and supported care of patients with various psychiatric conditions

### Critical Care Fakeeh Hospital 120 hours

-Monitored critically ill patients in ICU and ER settings, performing skills such as ECG monitoring, ABG collection and suctioning

### Advanced medical/surgical Fakeeh Hospital 120 hours

-Provided post-operative care, including wound management and pain control.

-Assisted in administering IV medications, fluids, and oxygen therapy.

### Medical/surgical University Hospital Sharjah 100 hours

-Conducted patient assessments, monitored vital signs,preparation of medications,NG/PEG feeds and documented findings.

### Family and community Dubai police clinic and school 77 hours

-Conducted health screenings and provided basic healthcare education to students and their families.

### Maternity and newborn Dubai Hospital 70 hours

-Performed and assisted nurses with laboring mothers care and newborn care in NICU

### Pediatrics Al Jalila Children's Hospital 77 hours

-Assisted in pediatric assessments, immunizations, and medication administration.

## VOLUNTEERING EXPERIENCE

### Volunteer

26/05/2024-27/06/2024

Dubai center for special needs

### Organizer & Health Educator

3/11/2024

Diabetes Awareness Event-Sharjah American International School

## CERTIFICATES

DHA Eligibility

BLS certification (AHA)

First aid, CPR and AED workshop certificate

## SKILLS

### Technical skills

- Vital Signs Monitoring
- IV Cannulation & Blood Collection
- Medication Administration
- Wound Care & Dressing Changes
- ECG Monitoring & Interpretation
- Suctioning & Oxygen Therapy

### Soft skills

- Strong communication and patient education
- Time management and adaptability

## EDUCATION

9/2021 – 6/2025

BSc Nursing- GPA **3.99**

**University of Sharjah, Sharjah**

4/2018 - 4/2020

Higher Secondary in **Our Own Indian School, Dubai (95%)**

## PERSONAL DETAILS

-Date of birth: 26/06/2002

-Languages known: English, Arabic (intermediate), Hindi

-Visa status: **Golden visa**