

Dr. Anitha Dinesh, Specialist Obstetrician and Gynaecologist

Compassionate, capable Obstetrician and Gynecologist with over 20 years of experience providing outstanding patient care. Excellent diagnostician, with strong skills in Obs & Gyne procedures. Good listener, excellent communicator and very diligent in providing counseling. Strong time management and record keeping skills with proven ability to work under pressure and relate well with both peers and employees.

Experience

25 mar 2024 to 03 nov 2025	Specialist Obstetrician and Gynecologist (Full Time License) Yasmed Abris Medical Centre, Bur Dubai
02 march 2022 to 01 march 2024	Specialist Obstetrician and Gynecologist (Full Time License) N.M.C Medical Al Buhaira Sharjah
August 2021 to December 2021	Specialist Obstetrician and Gynecologist (Full Time License) Modern Family Clinic, Dubai , U.A.E
Jan 2020 to August 2021	Specialist Obstetrician and Gynecologist (Part Time License) Aster Hospital, Dubai, UAE
August 2020 – August 2021	Specialist Obstetrician and Gynecologist (Part Time License) International Modern Hospital, Dubai ,U.A.E
May 18\2018 to 31 July 2021	Specialist Obstetrician and Gynecologist (Full Time License) Jupiter Medical Centre, Karama, Dubai, UAE
Aug 2013 - Jan 2018	Obstetrician and Gynecologist MOH Dibba Hospital, Dibba, UAE
Jan 2013 - June 2013	Obstetrician and Gynecologist Al Zahra Hospital, Sharjah, UAE
Jan 2007 - Feb 2010	Obstetrician and Gynecologist New Madinat Zayed Hospital, Abu Dhabi, UAE
Oct 2004 - Dec 2006	Obstetrician and Gynecologist Ittihad Medical Centre, Abu Dhabi, UAE

Education

Year 2019	Professional Diploma in Ultrasound Sharjah University, UAE
Year 2011	DNB in Obstetrics &Gynecology National Board of Examinations, New Delhi, India

Personal Info



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Professional License

Specialist Obstetrics & Gynecology

DHA unique ID
00214329

Languages Known

- English
- Hindi
- Malayalam
- Arabic (Basic)

Nationality

Indian

Dr. Anitha Dinesh, Specialist Obstetrician and Gynaecologist

Year 1998 **Diploma in Obstetrics & Gynecology**
University of Kerala, India

Year 1994 **M.B.B.S.**
University of Calicut, India

Key Deliverables Medical Advisory Services

- Identifying and treating problems of the female reproductive system such as high-risk pregnancies, infertility and gynecologic problems.
- Managing normal & high-risk deliveries & Caesarean sections.
- Governing antenatal care, screening for high risk patients & treating the complications.

General Operations

- Managing and administering smooth operations in the hospital, with strict compliance to medicine ethics, hygiene & patient care, and full observance of respect towards individuals.
- Adhering to policies that promote & protect health, safety, security, and the quality of work life, the environment and organizational effectiveness.
- Liaising with specialty hospitals / specialists for better patient care; establishing quality standards, implementing stringent quality control systems.
- Acquiring continuous on job training to the workforce for enhancing their productivity & operational efficiencies through knowledge enhancement/ skill building.

Highlights

- Independently handled deliveries –vaginal and abdominal.
- **Knowledge Purview:** pregnancy related emergencies, ectopic pregnancy, forceps & vacuum deliveries and cesarean section & minor surgeries. Vaginal Hysterectomy, Abdominal Hysterectomy, Tubal Ligation, Ovarian Cystectomy,
- Attended clinical meetings.
- Consulted and treated patients on Out-patient basis.
- Performed major & minor surgeries under expert supervision and independently.
- Attended clinical meetings, presented interesting cases, surgical pathology clinics.
- Participated in monthly conferences to discuss important patients as a team member with Physicians, Pathologists & Pediatricians.

Presentations

- IUGR: In perinatal meeting in New Madinat Zayd Hospital
- Human Papilloma virus - epidemiology and vaccines: In Journal Club in Department of Obstetrics and Gynecology, New Madinat Zayd Hospital.
- Thrombocytopenia in pregnancy: In Journal Club in Department of Obstetrics and Gynecology, New Madinat Zayd Hospital.
- GDM –antenatal and postnatal management.
- Recollection of data for women undergoing VBAC in Dibba Hospital.
- Auditing for women receiving preoperative antibiotic prophylaxis in maternity ward in Dibba Hospital